

Codes of Behaviour

PLAYER'S CODE

- 1. Play for the fun of it.
- 2. Complete by the rules and always abide by the referees' / umpires' or touch judges' decisions.
- 3. Control your temper. Make no criticism either by word or gesture.
- 4. Work equally hard for yourself and your team -your performance will benefit and so will your own.
- 5. Be willing to train and prepare for the game. Preparation helps prevent injury and increases the level of enjoyment.
- 6. Play only when you are fully fit. To play with an injury will handicap your team, and may expose you to the risk of serious, life long injury.
- 7. Be a good sport. Encourage fellow team members.
- 8. At all times cooperate with your coach, team mates and opponents without them you do not have a competition.
- 9. Remember the goals of the game are to have fun and improve your skills. Be modest in the success and generous in defeat.

PRINCIPALS' AND EXECUTIVES' CODE

1. Ensure equality of opportunity for participation in sport, regardless of ability, sex, age or handicap.

- 2. Ensure that equipment and facilities meet safety standards and are appropriate to the maturity level of the children.
- 3. Rules and length of competitive schedules should take into consideration the age and maturity level of the students.
- 4. Remember that students play for fun and enjoyment and that winning should not be over emphasised.
- 5. Distribute and promote these Codes of Behaviour to coaches, players, officials and parents.
- 6. Encourage proper supervision by certified or proven coaches and officials capable of promoting good sportsmanship and good technical skills.
- 7. Encourage staff to improve the standards of coaching and officiating, with emphasis on good sportsmanship.
- 8. Do not allow any sport programs to become primarily spectator entertainment.

PARENT'S' CODE

- 1. Do not force an unwilling child to participate in particular sports.
- 2. Remember your children are involved in organised school sports for their enjoyment and fulfillment, not yours.
- 3. Encourage your child always to play by the rules.
- 4. Teach your child that honest effort is as important as winning so that the result of each game is accepted without undue disappointment.
- 5. Encourage your child to work towards skill improvement and good sportsmanship. Never ridicule your child for making a mistake or losing a competition.
- 6. Remember that children learn best by example. Applaud good play by your team and by members of the opposing team.

- 7. Do not publicly question the officials' judgement and never their honesty.
- 8. Appreciate the contribution and commitment of teacher- coaches. They give of their time and resources to provide sporting activities for your child.
- 9. Have realistic expectations for your child and his / her team do not expect more than they can give.

OFFICIALS' CODE

- 1. Interpret the rules and regulations to match the skill level of the players.
- 2. Use common sense to ensure that "the spirit of the game' for the students is not lost by unnecessary stoppages.
- 3. Ensure that both on and off the field your behaviour is consistent with the principles of good sportsmanship. Actions speak louder than words.
- 4. Compliment both teams on good play whenever such praise is deserved.
- 5. Be consistent, objective and courteous in your decisions.
- 6. Be meticulous in penalising dangerous and / or foul play.
- 7. Keep yourself informed on sound officiating principles and the principles of growth and development.
- 8. Ensure that games are played in an atmosphere conducive to good sportsmanship and enjoyment. This includes coaches and spectators as well as the players.

TEACHER-COACH CODE

1. Encourage students to develop basic skills and avoid over specialisation in positional play during their formative years.

- 2. Create opportunities to teach sportsmanship, just as you would in teaching the basic skills.
- 3. Teach your players to play by the rules. The rules are designed to maximise enjoyment and safety.
- 4. Design training programs that are sport specific.
- 5. Avoid overplaying the talented players. The "just average " players need and deserve equal time.
- 6. Remember that students play for fun and enjoyment and that winning should not be over emphasised. Never ridicule students for making mistakes or losing a competition.
- 7. Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of the players.
- 8. When scheduling and determining the duration of training sessions and competitions, take into consideration the maturity level of the students.
- 9. Help the students to understand the fundamental philosophical differences between the game they play and the professional games shown on television. The professional is an

entertainer and a wage earner whose play often reflects these facts.

- 10. Develop team respect for the ability of opponents, as well as for the judgement of officials and opposing coaches.
- 11. Follow medical advice when determining when an injured player is ready to play again.
- 12. Remember that students need a coach they can respect. Be generous with your praise when it is deserved and set a good example.
- 13. Keep yourself informed on sound coaching principles and the principles of growth and development.
- 14. Make students aware of the physical fitness values of sports and their life -long recreational value.

NEWS MEDIA CODE

- 1. Understand that students are not miniature professional athletes. Do not place unfair expectations on young players.
- 2. Recognise the differences between adult sport programs and school sport programs.
- 3. Show that student's fair play and honest effort also can be newsworthy and of interest to readers.
- 4. Retain in proper perspective isolated incidents of unsportsmanlike conduct.
- 5. Recognise the differences between the goals of amateur sport and those of professional sport, and ensure that your readers are made aware of the differences. The professional athletes are entertainers and wage earners and this is often reflected in the intensity of their behaviours.
- 6. Provide coverage to school sport, highlighting the achievements of both boys and girls in the full range of school sports.

SPECTATORS' CODE

- 1. Remember that students play organised sport for their own enjoyment. They are not there to entertain you, and they are NOT miniature professional athletes.
- 2. Respect the officials' decisions.
- 3. Be on your best behaviour. Do not indulge in physical or verbal abuse of players, coaches, officials or other spectators.
- 4. Applaud good play by your own team and the opposing team.
- 5. Show respect for your opponents. Without them there would be no game.

- 6. Never ridicule a player for making a mistake or losing a competition.
- 7. Do not encourage or condone the use of violence in any form.
- 8. Encourage players always to play according to the rules.