

# Kellyville Public School

*A tradition of excellence and opportunity*



## Sport and Physical Activity Policy

### **PURPOSE**

Sport and physical activity is a compulsory component of the Personal Development, Health and Physical Education Syllabus. Students need to be provided with opportunities to participate in a range of sporting activities and programs suitable for their ability and interests. Sport assists in the development of a healthy lifestyle by promoting physical activity.

### **RATIONALE**

Kellyville Public School is committed to developing children's fundamental movement skills and creating positive physical activity experiences for students, in order to develop their talents and encourage their lifelong participation in regular physical activity. Kellyville Public School recognises the significant role of parents, families and the community in promoting children's physical activity and limiting student's sedentary and small screen recreation.

Kellyville Public School participates in the Castle Hill Primary School Sports Association (CHPSSA) District Competitions. These competitions, across a range of sports, are the avenue for students to represent Kellyville Public School at a competition level and have the opportunity to be selected for Zone, Area, State and National Teams.

Kellyville PSSA sporting teams are selected according to the student's performance during the selection session. All teams will be selected by two teachers/selectors. All students are to have time on the field/court each week throughout the season. The team for the finals is at the discretion of the coach.

### **AIMS**

At Kellyville Public School we aim to ensure that all students in Years 3-6 are given:

- the opportunity to try out for PSSA sporting teams.
- clear and consistent guidelines for the selection of Years 3 to 6 students for PSSA inter-school teams and for all other sporting programs.
- junior teams comprise of students aged 8, 9 and 10.
- senior teams comprise of students aged 11, 12 and 13.
- clear and consistent guidelines for the selection of students to attend Zone and Regional representative sports trials.
- 150 minutes per week for planned moderate with some vigorous physical activity, including a minimum of one hour for sport in K – 6.

### **Codes of Behaviour**

Codes of Behaviour provide a supportive framework which promotes fair play and appropriate behaviour in school sport. These codes apply to players, teachers, coaches, principals, parents, officials and spectators who together provide the environment in which school sport is played. The codes apply to school sport at all levels and are designed to highlight:

- the principles of enjoyment, satisfaction and safe play in sport
- that students participate for their own sake and not to fulfil the desires of parents, adult groups or peers
- the encouragement of student participation in sport and, in so doing, contribute to higher levels of health and physical fitness.

### **Weekly Sports Programs – Years 3 to 6**

It is an expectation of the school that all Primary students (Years 3 to 6) will participate in weekly sport programs and PSSA or school-based sport. The school will make necessary accommodations for special circumstances, for example sickness or injury. Special circumstances should be submitted to the sport coach.

The school will provide sport programs from the following three options:

1. School-Based Sport
2. Paid Sporting Activities
3. PSSA Competitions

### **School-Based Sport**

School-Based Sport programs are for students from K-2, students not selected in PSSA teams, as well as, Physical Education Programs which are developed and taught to year groups. The programs focus on skill development, minor games and the development of the whole child. Skills relevant to various games and sports will be taught and practised, and these skills will be used in minor games at school. Fitness activities could also be undertaken as part of this program.

Sports selected for skill development will be selected according to the interest of the students, student needs and relevance to the time of year.

### **Paid Sporting Activities**

Sporting activities may be made available to students throughout the year. These activities could take place both in and outside of the school. Students involved in these activities pay fees to participate. Activities to choose from are dependent on the season, availability of venues/activities and a minimum number of students participating.

Examples of activities include gymnastics, swimming and sporting clinics.

Some of these activities have a maximum number of students for participation. Where student interest exceeds maximum number limits, preference will be given to the older students first, that is Year 6 followed by Year 5, then Year 4 and finally Year 3. Also, all sports may not be made available to all grades.

### **School PSSA Sport**

Representing the school provides an opportunity for talented athletes to extend their skills and compete against similarly skilled students from other schools. Representing the school is an honour and students who represent the school have the responsibility to compete at all times in a manner that demonstrates good sportsmanship and exemplary behaviour.

Kellyville Public School participates in CHPSSA District Competitions in a variety of sports, in both Junior (10 years and under) and Senior (11 years and over) divisions. The competitions are held over a two season format.

	Sports
<b>Summer Season (Terms 1 &amp; 4)</b>	Basketball Cricket Tee-ball (Juniors) Softball (Seniors) Touch Football
<b>Winter Season (Terms 2 &amp; 3)</b>	AFL Football (soccer) Netball Newcombe Ball Rugby League

**Please note:** The sports selected, number of teams and students entered into competitions will be dependent on student interest, staff availability and the ability of the draw to accommodate teams.

Students may choose to trial for these teams. If selected, it is expected that the students will fulfill their commitment to the team until the completion of the season, unless injured or another satisfactory reason is provided.

### **Selection of School PSSA, Gala Days and Knockout Teams**

Selection for relevant school PSSA, Gala Day and Knockout teams will be at the discretion of the Team Coach/Manager based on the student's ability to meet the selection criteria.

### **Selection Criteria**

The criteria for selection includes:

#### **Student ability and potential**

Students need to demonstrate an ability or potential in the sport that they are trialling for. Knockout and Gala Day teams will be open to all students regardless of whether they participate in the chosen sport for PSSA. Selections will be based on merit.

- **Behaviour at school, sport and on other school activities**

**The behaviour of students at school and on school activities and excursions will be considered before selecting teams. Students must follow the school's PBL system in all settings. If the student has regularly displayed inappropriate behaviour they may be excluded from representing the school at sport. If a student is suspended during the trial date or school carnival they will not be selected in the representative team.**

- **Attitude and sportsmanship**

Students need to display a positive attitude and good sportsmanship at all times during all sporting activities.

## **IMPLEMENTATION**

- At the beginning of the school year, students from 3-6 will have the opportunity to select two summer PSSA and two winter PSSA sports that they wish to try out for.
- All teams will be selected by a minimum of two teachers/selectors.
- Where two children are of equal ability the child from the higher grade will be selected. A minimum of three reserves will be selected for each team.
- Students do not have to participate in their selected sport, out of school, to be eligible to try out for the team. Children who are absent on the selection day may be considered worthy of selection based on past performance. This will be at the discretion of the Principal and the selectors.
- New students may be considered for a PSSA team based on past exemplary performance, and inclusion will be at the discretion of the Principal and sport coach.
- Representing the school in a PSSA team is a privilege. Students are at all times, expected to uphold Kellyville Public School rules of: Be respectful, be safe, be a learner.
- Students must display sportsmanship at all times. Failing to do so could jeopardise their position on the team.
- For students in Years 3-6, full Kellyville Public School sports uniform is to be worn each Friday. Some teams have additional uniforms that are provided, but the children must change into these at school prior to the game. Other requirements, such as football boots, mouth guards and shin pads, will need to be supplied by parents.
- Parents will also have to pay the costs for the transport to the weekly sports field, by the second week of the PSSA season, otherwise the child's position on the team may be jeopardised.

### **Swimming, Athletics & Cross Country – Individual Entry**

The School team will be selected on performance at School Carnivals. At the conclusion of the carnival, students who have qualified to represent the school at the zone level are identified. Qualifying times or distances and places in finals are used to select students for zone representation. Selection of relay teams is at the discretion of the organising teacher(s).

### **Zone Sports Trials**

Students will be made aware of the trial dates at the beginning of the year as the school is notified. Selection for the Zone Trials will be made at the discretion of the PDHPE Coordinator, the Team Coach/Manager and the School Executive based on the student's ability to meet the selection criteria.

It is not mandatory for a school to select students for a Zone Trial if the required level is not matched.

## **EVALUATION AND REVIEW**

This policy will be evaluated by the PSSA coaches and Principal to ensure that the procedures outlined continue to meet guidelines and the Kellyville Public School context. The policy will be reviewed when necessary.

### **Attachments:**

1. [CHPSSA Codes of Behaviour](#)
2. Letters of Expression of Interest – Summer and Winter
3. [Sport and Physical Activity Policy](#)
4. High Potential and Gifted Education Policy 2019

